


Week commencing: Monday 4<sup>th</sup> September 2023 ~ 04/09/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	Staff Training Day		Selection of fillings for sandwiches and jacket potatoes with crisps and salads		Toast and drinks
Tuesday	Staff Training Day		Lamb tikka masala with rice, chutney, poppadoms and baby corn  Lentil and bean curry  Marsbar krispie		Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Tomato (v)	Roast gammon with roast potatoes, cauliflower cheese and peas  Parmesan courgette batons  Cherry crumble and custard	Chilli con carne, rice and nachos  Raspberry muffins	Toast and drinks
Thursday	Porridge oats Scrambled eggs and beans Fruit juice Yoghurts		Meatballs in spicy tomato sauce with pasta, sliced carrots and green beans  Salmon with hollandaise sauce  Brandy baskets with berry cream and coulis	Sausage plait with mash potato and beans  Chocolate krispies	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce  Bang Bang cauliflower  Vanilla butterfly buns		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free