



Week commencing: Monday 10th July 2023 ~ 10/07/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Chicken korma with rice, mango chutney and mini naan bread Cod and prawn Thai fishcakes (GF) Sweet waffles with fruit and Greek yoghurt	Mince beef pie with mash potato, peas with gravy Pineapple cream horns	Toast and drinks
Tuesday	GF sausages Scrambled eggs and beans Fruit juice Yoghurts	Tomato (v)	Spanish style pork steaks with baby potatoes, carrots and kale (GF) Smoked haddock and broccoli potato topped pie Cornflake tart and custard	Southern fried chicken, savoury rice and sweetcorn Bakewell tart and cream	Toast and drinks
Wednesday	Croissants with ham Scrambled eggs and beans Fruit juice Yoghurts		Roast lamb with mint sauce, roast potatoes, savoy cabbage and cauliflower cheese Lentil and butternut squash curry (GF) Sticky toffee pudding, toffee sauce and cream	Baguette pizza with pepperoni topping, wedges and beans Blueberry muffins	Toast and drinks
Thursday	Potato waffles Scrambled eggs and beans Fruit juice Yoghurts	Spicy cauliflower (v)	Steak and mushroom pie, mashed potato, garden peas and carrots Baked aubergine with mozzarella and courgette (GF) Flapjack	Bacon chop with baby potatoes and grilled tomatoes Lemon meringue	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Southern fried chicken Tottenham cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free