



Week commencing: Monday 20th November 2023 ~ 20/11/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Bacon chop with cream and mustard sauce, baby potatoes, peas and baton carrots Macaroni and piccalilli cheese Mandarin and orange sponge and custard	Pasta carbonara with garlic bread Cookies, ice cream and sauce	Toast and drinks
Tuesday	Crumpets with cheese Scrambled eggs and beans Fruit juice Yoghurts	Celery and courgette (v)	Beef lasagne, broccoli, baby corn and herb new potatoes Thai cod and prawn fishcake with sweet chilli sauce Raspberry trifle	Scampi and French fries with garden peas Pineapple cream in a brandy snap basket	Toast and drinks
Wednesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts		Roast pork, roast potatoes, cauliflower cheese, carrots and apple sauce Sri Lankan style sweet potato curry Banoffee pie	Gammon steak, fried egg and wedges Chocolate and pear sponge and cream	Toast and drinks
Thursday	Overnight oats Scrambled eggs and beans Fruit juice Yoghurts	Leek and potato (v)	Chicken supreme with boiled rice, tender stem broccoli and sweetcorn Quorn nuggets and garlic dip Jam and coconut sponge and cream	Beef burger with savoury rice Rice pudding	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Southern fried chicken steak Rolo brownie		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free