HEALTH POLICY

National Minimum Standards 3 Health and Wellbeing 2015

Admission

All parents and Carers of the pupils are given a set of admission forms that have within them sections on health issues covering allergies and medication requirements at the time of admission. The school asks for details that will be important in the event of a child needing any medical intervention and that will support the identification of all medical history to this point. This information informs the child's Health Plan held on the school's computer system.
If there is an issue with a parent not providing the required details identified by the key worker, this must be pursued to ensure the safety of the child whilst at school. If the child has a medical issue that is personal to them this will be handled sensitively by the staff team to ensure that attention is not brought to it thus reducing the potential for teasing by other students. As a school we have found that it is best practice for the boys to remain with their local PCT if there is an on-going medical intervention; this will always ensure good continuity of care and quick access to support. At present we have found that keeping the boys with their home based provision of dental and optical care is the most productive method of ensuring they assess these two areas of health care. The care staff keep a set of hard copies on medical information as a grab and go facility if the child needs an emergency hospital admission.

Medical Resources

On the residential units there are locked medical cabinets for prescribed medications held behind a locked door to the room they are situated in. In addition non-prescribed medication such as paracetamol are kept in this cabinet in a separate area along with clear guidelines for their use in accordance with 'The Safe handling of Medication in Social Care administration of medicines'. A first aid kit is located in each unit and there appointed persons on duty at all times in all units and during the school day.

Breckenbrough School does not have a nurse or sick bay. Pupils will be cared for in their rooms by residential staff. In the case of an infectious illness or an illness needing constant care, school would endeavour to get the pupil home to their parent/carer. In the case of any accident or serious medical concern, the pupil would be referred immediately to the GP or the Friarage Hospital, Northallerton.

First Aid

The school has three staff that are qualified as First Aiders, supporting them are the rest of the teaching and care staff who are qualified as Appointed Persons. Both groups of people are trained to HSE agreed standards and are re-trained every 3 years.

First Aid boxes are located in all buildings of the school for use by qualified First Aiders and appointed persons. These are checked at the end of each term to ensure correct levels of stock are being maintained. If first aid is administered by the school this is recorded on Schoolpod using the First aid tab.

Hygiene

Good hygiene standards should be applied at all times and in all School Activities. Kitchen and food preparation areas and procedures need particular attention. The school is subject to inspection by the Environmental Health Officer and H.S.E. all staff required to prepare food for School consumption are trained to Food Safety and Hygiene Level 1 & 2 through Interactive Health & Safety with is assured by the Chartered Institute of Environmental Health and approved by RoSPA.

The School provides gloves, aprons, bags and medicated products for the hygienic care of children.

Diet

The school provides a wide range of nutritional foods for the pupils and staff that eat together in the two dining rooms. Boys are encouraged to talk with the catering team individually and through the school council to address any group or specific needs that they have. Boys are monitored to ensure that they eat a good balanced diet and any concerns are passed to the Head of Care who will explore with the parents the school's concerns. This information will be shared with the staff team as appropriate. This information will be logged on the Childs health plan on the DFS. Boys are encouraged to cook with staff initially as part of their independent living skills awareness. As their skills increase the boys will cook healthy meals from unprocessed ingredients and be encouraged to try a range of foods to aid a balanced diet. The 6th form students are actively engaged in preparing their own meals and have a personal budget to spend each week. If we have concerns and feel that a food intake record is required this will be done and shared with the parents to see if further intervention is required to promote healthy eating.

Drugs

The school has a zero tolerance to pupils bringing any form of illegal substance onto the premises. The pupils receive education within the curriculum as to the risks they could be taking if they choose to expose themselves to drug use outside of school. We are aware as a staff team of the prevalence of illegal substances and the ease with which they can be bought by a child of any age and therefore take our safeguarding role very seriously in educating our pupils to live their lives without engaging in high risk behaviours linked to all illegal substances.

Sexual Health

The pupils receive education on this area within the PHRSE curriculum. The current issues surrounding sexual health and the potential impact on their lives are discussed. Issues such as accessing their local PCT health support are worked through as well as the actions they can take if they feel that they or a partner have a medical issue. The school has bought in outside specialist agencies to discuss matters on sexual health and contact numbers for these agencies are available around the building on the safeguarding posters.

Physical Activity

The school is aware of the benefits of physical activities being undertaken by its students. We realise that some of our boys may not have accessed physical activity on a regular basis and that we must be creative at times in our provision. Our aim as a school is to steadily increase a pupil's uptake by identifying what they are interested in and adapting our approach to suit them. Pupils are encouraged through talking to staff to come forward with ideas on different activities and how we might facilitate them for groups or individual boys. The schools reporting system keeps a record of activities undertaken to assess if a balance across the school community is being achieved. We have seen a big uptake in the sporting activities run through each lunchtime, the installation of the new all-weather pitch has taken this to a higher level.

Emotional Wellbeing

In the vast majority of cases our boys will require different levels of emotional support during their time at the school. This can be facilitated on an informal level with any member of the staff team or through accessing the therapeutic services offered in house or through their local CAMHS teams. The boys can refer themselves for this or can be referred with their permission by a member of staff. The boy's parents are made aware that this request has been out forward.

Reviewing Schedule Date	Name	Date of Ratification and by whom
Drafted by SE 04.11.2015	Stuart Edwards	