



Week commencing: Monday 6th February 2023 ~ 06/02/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Minted pea (v)	Chinese chicken curry with egg fried rice Veggie sausages and burgers (v) Orange sponge and custard	Homemade meat balls in tomato sauce and pasta Rhubarb and ginger crumble and ice cream	Toast and drinks
Tuesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Minestrone	Beef in red wine sauce, new potatoes, kale and carrots Vegetable moussaka (v) Raspberry crumble squares	Homemade pizza, wedges and beans Caramel shortcake	Toast and drinks
Wednesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	French onion (v)	Roast turkey, roast potatoes, carrots, tender stem broccoli and stuffing Mediterranean frittata (v) Butterfly cakes	Beef chilli and rice Rice pudding	Toast and drinks
Thursday	Bacon butties Scrambled eggs and beans Fruit juice Yoghurts	Hearty pasta (v)	Steak and mushroom pie, mashed potatoes, savoy cabbage and carrots Roasted cauliflower steaks (v) Eve's pudding and custard	Gammon steaks, French fries and sweetcorn Cookies and ice creams	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Southern fried chicken Apricot and cranberry flapjack		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free