



Week commencing: Monday 9th October 2023 ~ 09/10/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Chinese style chicken curry with rice and prawn crackers Penne pomodoro with garlic bread and grated parmesan Ginger sponge and custard	Lasagne, potato wedges and carrots Raspberry cream horns	Toast and drinks
Tuesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	French onion	Salmon fillet with cauliflower and mustard topping with baby potatoes, sweetcorn and peas Vegetable samosas with kachumber salad Eton Mess	Chicken breast in white wine, mashed potato and peas Mini donuts with chocolate sauce	Toast and drinks
Wednesday	Overnight oats Scrambled eggs and beans Fruit juice Yoghurts		Roast turkey, roast potatoes, cauliflower cheese, savoy cabbage and stuffing Asparagus, lemon and fennel risotto Gluten free blueberry cheesecake	Spaghetti carbonara and rosemary focaccia Lemon tart	Toast and drinks
Thursday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Minestrone (V)	Lamb hot pot, sweetcorn and green beans Cajun roasted cauliflower steak Rhubarb and strawberry crumble and cream	Pork loin slices in mushroom sauce with broccoli and boiled potatoes Cookies and ice cream	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Sticky chicken thighs Mint slice		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free