



Week commencing: Monday 11th December 2023 ~ 11/12/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Chilli con carne, rice and nachos Mixed bean hotpot with herb crust, green beans and sweetcorn (V) Cherry crumble and cream	Cumberland ring with fried onions, mash, peas and gravy Chocolate cake	Toast and drinks
Tuesday	Mini Danish pastries Scrambled eggs and beans Fruit juice Yoghurts	Lentil and chicken (GF)	Teriyaki salmon with broccoli and mushroom (GF) Vegetable lasagne and garlic bread with baby potatoes, carrots and peas (V) Chocolate trifle	Beef in red wine with rice and carrots Apple pie and cream	Toast and drinks
Wednesday	Potato waffles Scrambled eggs and beans Fruit juice Yoghurts	Tomato (GF) (V)	Roast lamb with roast potatoes, cauliflower cheese and savoy cabbage Parmesan and garlic roasted broccoli (V)(GF) Cranberry and apricot flapjack	Ham, egg, chips and tomato Chocolate eclairs	Toast and drinks
Thursday	Fruit smoothies Scrambled eggs and beans Fruit juice Yoghurts	French onion (GF)	Pork meatballs in spicy tomato sauce with pasta, carrots and roasted baby corn Devilled mushrooms on sour dough (V) Ginger sponge and caramel sauce	Hot dogs and onions with potato crunchies and beans Mixed cookies	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Calzone pizza (V) Shortbread rounds		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free