

Week commencing: Monday 2nd October 2023 ~ 02/10/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Bacon chop with mushroom and mustard sauce, peas and sweetcorn and new potatoes Courgette and tomato gnocchi Berry sponge and custard	Beefburger in a bun with fries and beans Marsbars krispie	Toast and drinks
Tuesday	Waffles with syrup and berries Scrambled eggs and beans Fruit juice Yoghurts	Lentil (V) (D) (G)	Beef in red wine with Mediterranean potatoes, carrots and cabbage Paneer and spinach curry Rhubarb and ginger crumble and cream	Fill your own chicken fajitas and salad Vanilla muffins	Toast and drinks
Wednesday	Bacon buns Scrambled eggs and beans Fruit juice Yoghurts		Roast gammon with roast potatoes, carrots and asparagus in hollandaise sauce Smoked haddock and broccoli pie Banoffee pie	Fish finger sandwiches, peas and seasoned waffle fries Tiffin	Toast and drinks
Thursday	Cheese on toast Scrambled eggs and beans Fruit juice Yoghurts	Minted pea (V)	Chicken and ham tangle pie with mashed potatoes, green beans and cauliflower Leek and potato bake Iced coffee cake	Sausage plait, mashed potato and beans Cherry scones	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Cheese and onion pasty Rolo brownie		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free