



Week Commencing: 3<sup>rd</sup> December 2018 03/12/2018

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
<b>Monday</b>		Tomato Soup (V)	Chicken in white wine sauce, carrots, cabbage and new potatoes Vegetable pasta (v) Chocolate orange sponge and chocolate sauce	Cheese omelette Apricot and cranberry flapjack	Toast and drinks
<b>Tuesday</b>	Cereals Cheese bagels Scrambled eggs and beans Yoghurt and fruit juice	Cream of red pepper soup	Pasta Bolognese, garlic bread, green beans and carrots Mushroom risotto Devonshire splits	Piri piri chicken and wedges Banoffee pie	Toast and drinks
<b>Wednesday</b>	Cereals Mini pancakes Scrambled eggs and beans Yoghurts and fruit juice	Leek and potato soup (v)	Roast beef, Yorkshire puddings, roast potatoes, carrot and swede mash and broccoli Quorn and vegetables in sweet and sour sauce (v) Apple pie and cream	Chinese pork steaks, new potatoes and cauliflower cheese Cornflake krispies	Toast and drinks
<b>Thursday</b>	Cereals Potato waffles Scrambled eggs and beans Yoghurts and fruit juice	Vegetable soup (v)	Sausage, mash, gravy, carrots and peas Macaroni cheese (v) Treacle sponge and custard	Beef chilli, rice and nachos Donuts	Toast and drinks
<b>Friday</b>	Cereals Full English Yoghurts and fruit juice		Fish, chips, mushy peas and beans Chicken legs in honey sauce Rockyroad		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free