



Week Commencing: 4th March 2019 – 04/03/2019

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Tomato and basil (v)	Beef chilli, rice and naans Cheese and tomato pasta (v) Paris sandwich and strawberry custard	Gammon steaks with pineapple, roast new potatoes and carrots Homemade chocolate mousse	Toast and drinks
Tuesday	Cereals Bacon muffins Scrambled eggs and beans Yoghurts Fruit juice	Butternut squash and red pepper (v)	Deconstructed chicken pie, mash, gravy, leeks, broccoli and carrots Spinach and ricotta cannelloni (v) Pancakes	Selection of homemade pizza and chips Raspberry buns	Toast and drinks
Wednesday	Cereals Potato waffles Scrambled eggs and beans Yoghurts Fruit juice	Green lentil (v)	Roast lamb, roast potatoes, carrots, cabbage and mint sauce Salmon fishcakes (v) Ginger sponge and custard	Scampi, chips peas, sweetcorn and tartare sauce Orange drizzle cake	Toast and drinks
Thursday	Cereals Pain au chocolat Scrambled eggs and beans Yoghurts Fruit juice	Mushroom (v)	Chicken lasagne, garlic bread, sweetcorn and peas Veggie curry (v) Butterfly cakes	Hot pork baguettes, apple sauce, stuffing and roasted new potatoes Apple pie and custard	Toast and drinks
Friday	Cereals Full English Scrambled eggs and beans Yoghurts Fruit Juice		Fish, chips, mushy peas and tartare sauce Southern fried chicken Rocky road		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free