



Week commencing: Monday 4<sup>th</sup> December 2023 ~ 04/12/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Chinese style chicken curry with rice and prawn crackers, sweetcorn and mange tout  Courgette, mushroom and garlic frittata  Chocolate and pear sponge and chocolate custard	Lasagne with herby wedges and peas  Mars bar krispie	Toast and drinks
Tuesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone	Beef bourguignon and mashed potato, carrot and swede mash and cauliflower cheese  Gino's roasted squash with chilli and sage crumb  Tapioca pudding	Chicken supreme with potato crunchies and green beans  Orange sponge and custard	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Parsnip (v)	Roast gammon with roast potatoes, carrot and swede mash and cauliflower cheese  Asparagus, lemon and fennel risotto  Apple pie and cream	Lamb hot pot, peas and carrots  Tiffin	Toast and drinks
Thursday	Pancakes with maple syrup Scrambled eggs and beans Fruit juice Yoghurts	Minestrone (v)	Chicken schnitzel with tomato pasta, green beans and sweetcorn  Mediterranean vegetables in folded flatbread  Iced sponge cake	Beef keema with mushroom pilau and naan bread  Ginger sponge and cream	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce  Cheese pasties  Donuts		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free