


Week commencing: Monday 5th February 2024 ~ 05/02/2024

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Chicken Korma, rice and naan Gnocchi with mushroom and blue cheese with tender stem broccoli and baby carrots (V) Ginger sponge and custard	Jacket Potatoes with hot and cold choice of fillings Blueberry muffins	Toast and drinks
Tuesday	Toasted teacakes Scrambled eggs and beans Fruit juice Yoghurts	Leek and potato (V) (GF) (DF)	Turkey escalope with peas, green beans and herb roasted tomatoes Smoked haddock and broccoli pie Chocolate bread and butter pudding with cream	Minced beef and Yorkshire pudding, mashed potato and peas Jam and coconut sponge	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Lentil (V) (GF) (DF)	Roast lamb with roast potatoes, peas, savoy cabbage and mint sauce Lentil curry (V) (GF) (DF) Marmalade flapjack	Baguette pizza with wedges and beans Apple shortcakes	Toast and drinks
Thursday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	Carrot and coriander (V) (GF) (DF)	Chicken chasseur, mashed potato, baton carrots and greens beans Butternut squash risotto with leeks and spinach (V) (GF) (DF) Chocolate muesli crispy	Steak, chips, peas and onion rings Jam and cream croissants	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Bang Bang cauliflower (V) (GF) Tottenham cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt

Homemade soup with fresh baked bread served at lunchtimes

(g) gluten free (v) vegetarian (d) dairy free