



Week commencing: 5th December 2022 – Monday 05/12/2022

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Tomato and basil (v)	Beef lasagne, garlic bread, green beans and roast butternut squash Vegetarian lasagne (v) Chocolate pear sponge and custard	Chicken enchiladas and salad Mandarin cheesecake	Toast and drinks
Tuesday	Pancakes Scrambled eggs and beans Fruit juice Yoghurts	Vegetable (v)	Chicken and leek pie, roast potatoes, tender stem broccoli and carrots Smoked haddock and broccoli (v) Caramel shortbread	Beef in red wine sauce, Yorkshire puddings, new potatoes and peas Ice cream and cookies	Toast and drinks
Wednesday	Hashbrowns Scrambled eggs and beans Fruit juice Yoghurts	Red pepper and butternut squash (v)	Roast lamb, roast potatoes, carrots, cabbage and mint sauce Paneer and spinach curry (v) Apple and blackberry crumble and custard	Tuna pasta bake and garlic bread Muesli crunch	Toast and drinks
Thursday	Bacon Scrambled eggs and beans Fruit juice Yoghurts	Minted pea (v)	Salmon fillets, new potatoes, asparagus and sweetcorn Stuffed mushrooms (v) Raspberry Trifle	Pork fricassee, mash potatoes and carrots Lemon sponge and cream	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Scampi Chocolate krispie cakes		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free