



Week commencing: Monday 6th March 2023 ~ 06/03/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Cauliflower (v)	Minced beef with Yorkshire Puddings, new potatoes, baton carrots and savoy cabbage Vegetable stir fry (v) Lemon sponge and custard	Cheese and onion pasty, homemade wedges with beans (v) White chocolate cookies	Toast and drinks
Tuesday	Hash browns Scrambled eggs and beans Fruit juice Yoghurts	Leek and potato (v)	Barbecue pork steaks, savoury rice, carrots and baby sweetcorn Smoked haddock and broccoli pie Apple shortcakes	Chinese chicken curry with rice and prawn crackers Chocolate fudge cake	Toast and drinks
Wednesday	Bacon Scrambled eggs and beans Fruit juice Yoghurts	Carrot and lentil (v)	Roast chicken with roast potatoes, cauliflower cheese, peas and stuffing Sweet potato curry (v) Rhubarb and ginger crumble	Pasta bolognese and garlic bread Strawberry mousse	Toast and drinks
Thursday	Overnight oats Scrambled eggs and beans Fruit juice Yoghurts	Chicken and sweetcorn	Pot roasted brisket in brioche with roasted garlic new potatoes, sweetcorn and broccoli Baked stuffed peppers (v) Key lime pie	Sausage and mash, onion gravy and peas Caramel shortbread	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Mushroom stroganoff (v) Buttercream sponge cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free