



Week commencing: Monday 7th February 2022 ~ 07/02/2022

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Sweet potato and red pepper (v)	Chicken breasts with cream cheese wrapped in bacon, new potatoes, ratatouille and carrots Fish cakes Chocolate fudge cake	Cottage pie, peas and mashed swede Blueberry and lemon poke cake	Toast and drinks
Tuesday	Bagels Scrambled eggs and beans Fruit juice Yoghurts	Spicy tomato and coriander (v)	Lamb casserole with lentil and herbs, mash potato, broccoli and cauliflower mix Veggie stir fry (v) Raspberry and apple crumble squares	Sticky BBQ sausages, with chunky roast veg and roast new potatoes Victoria sponge with cream	Toast and drinks
Wednesday	Croissants with ham and cheese Scrambled eggs and beans Fruit juice Yoghurts	Butternut squash and red pepper (v)	Roast gammon, roast potatoes, carrots, peas and cheese sauce Butternut squash curry (v) Apricot and cranberry flapjack	Tuna pasta bake with corn on the cob Cookies and ice cream	Toast and drinks
Thursday	Potato waffles Scrambled eggs and beans Fruit juice Yoghurts	Lentil (v)	Chicken with lemon and pepper, roast new potatoes, tender stem broccoli and roasted vegetables Veggie Shepherd's pe with sweet potato mash (v) Rice pudding	Beef burgers, wedges and beans Chocolate trifle	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Southern fried chicken Cupcakes		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free