



Week Commencing: 10th December 2018 – 10/12/2018

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Minted pea (v)	Shepherd's pie, kale and carrots Veggie lasagne (v) Lemon roly poly and custard	Butterflied chicken breast with homemade salsa, wedges and salad Scones and cream	Toast and drinks
Tuesday	Cereals Bacon muffins Scrambled eggs and beans Yoghurts and fruit juice	Broccoli and stilton (v)	Beef curry, rice, poppadums, green beans and sweetcorn cobs Bean and roasted squash risotto (v) Apricot bar	Homemade pizzas and beans Wholemeal apple cake and custard	Toast and drinks
Wednesday	Cereals Sausage butties Scrambled eggs and beans Yoghurts and fruit juice	Vegetable (v)	Roast pork, apple sauce, roast potatoes, carrots and sprouts Spinach, sweet potato and lentil Dhal (v) Fruit cobbler and cream	Chicken chow mein, noodles, veggie chow mein and prawn crackers	Toast and drinks
Thursday	Egg wrapped in bacon Cereals Scrambled eggs and beans Yoghurts and fruit juice	Tomato and basil (v)	Hunter's chicken, new potatoes, red cabbage and peas Mushroom and bean hot pot (v) Paris sandwich and custard	Pork casserole, mash, green beans and carrots Berry sponge and custard	Toast and drinks
Friday	Full English Yoghurts and fruit juice		Fish, chips, mushy peas and beans Southern fried chicken Chocolate crunch		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free