



Week Commencing: 11th February 2019 – 11.02.2019

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Tomato and lentil (v)	Chicken tikka masala, rice and naan Lentil shepherd's pie (v) Steamed treacle sponge and custard	Beef lasagne, green beans and garlic bread Lemon cheesecake	Toast and drinks
Tuesday	Cereals Chocolate brioche rolls Scrambled eggs and beans Yoghurts Fruit juice	Squash and cheese (v)	Toad in the hole, mash, green beans and carrots Macaroni cheese (v) Tiramisu	Smoked haddock pie, peas and carrots Peach crumble and custard	Toast and drinks
Wednesday	Cereals Teacakes Scrambled eggs and beans Yoghurts Fruit juice	Curried parsnip (v)	Roast gammon, roast potatoes, green beans, cauliflower and cheese sauce Salmon fish cakes Cornflake tart and cream	Cheese and tomato pasta and garlic bread Scones with jam and cream	Toast and drinks
Thursday	Cereals Crumpets Scrambled eggs and beans Yoghurts Fruit juice	Leek and thyme (v)	Steak pie, mash, carrots and broccoli Butternut squash and sage risotto Chocolate sponge and chocolate sauce	Make your own chicken fajitas and salad Fruit and arctic roll	Toast and drinks
Friday	Cereals Full English Yoghurts Fruit juice		Fish, chips, mushy peas and tartare sauce French bread pizza Tottenham cake		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free