

Week commencing: Monday 11th September 2023 ~ 11/09/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Beef keema with basmati rice and poppadums Cheese and onion pasties with baked beans and baby potatoes Rice pudding	Sausage, mashed potato, peas and gravy (G) Flapjack	Toast and drinks
Tuesday	Overnight oats Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone (G) (V)	Paprika pork and noodles Thai cod and prawn fishcakes, green beans, baton carrots and garlic roast potatoes Berry sponge and fromage frais	Thai green chicken curry and Thai crackers Shortbread rounds and ice cream	Toast and drinks
Wednesday	Hash browns Scrambled eggs and beans Fruit juice Yoghurts		Roast chicken and roast potatoes, cauliflower and garden peas (G) Sweet potato with charred red onion and feta (V) Cream horns	Steak fries and onion rings Blueberry cheesecake and cream	Toast and drinks
Thursday	Fruit smoothie Scrambled eggs and beans Fruit juice Yoghurts	French onion	Corned beef hash with onion rings, sweetcorn and grilled tomatoes Penne arrabbiata (V) (G) Caramel slice	French bread pizza, beans and spiced wedges Violetta	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Beefburger in a sesame bun with relish Tiffin		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free