

Week commencing: Monday 12th January 2026 ~ 12/01/2026

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	Some penguin species can recognize themselves in a mirror 		Bacon chop with pineapple with baby potatoes, peas and sweetcorn Stir fry vegetable Chocolate sponge and chocolate custard	Hot beef sandwich with French fries and peas Chocolate muesli	Toast and drinks
Tuesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Parsnip (V) (GF)	Beef Bourguignonne with mashed potato, roast carrots and broccoli Baked cod in tomato sauce Gypsy tart	Oriental lamb, rice and peppers Bakewell tart and custard	Toast and drinks
Wednesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts		Roast turkey, roast potatoes, cauliflower cheese and green beans Parmigiani Mandarin sponge and custard	Flatbread pizza with spicy tomato and cucumber salad Arctic roll	Toast and drinks
Thursday	Overnight oats Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone (GF) (V)	Pulled pork sandwich with red cabbage slaw, sweetcorn and rice Mediterranean vegetables with tortilla bread Fruit flapjack	Minced beef and mash in Yorkshire pudding with peas Ginger sponge and cream	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and curry sauce Southern fried chicken steak Raspberry and white chocolate blondie	On ice, they often slide on their bellies instead. This movement, called tobogganing, helps them travel quickly. 	

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt

Homemade soup with fresh baked bread served at lunchtimes

(g) gluten free (v) vegetarian (d) dairy free