



Week Commencing: 12<sup>th</sup> November 2018 12/11/2018

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
<b>Monday</b>		Broccoli soup (v)	Chorizo tomato pasta bake Spinach ricotta cannelloni Apple crumble and custard	Hunters chicken peas and wedges Flapjack	Toast and drinks
<b>Tuesday</b>	Cereals Hash browns Scrambled eggs and beans Yoghurts and fruit juice	Tomato and basil soup (v)	Lamb curry, rice and poppadums Oven baked salmon Pineapple upside down cake and cream	Pasta bolognese, garlic bread Rice krispie traybake	Toast and drinks
<b>Wednesday</b>	Cereals Cheese on toast Scrambled eggs and beans Yoghurts and fruit juice	Minted pea soup (v)	Roast pork, roast potatoes, apple sauce, carrots and cabbage Lentil curry and rice Bakewell tart	Thai green curry, rice, prawn crackers and stir fry Chocolate orange muffins	Toast and drinks
<b>Thursday</b>	Cereals Homemade mini pancakes Scrambled eggs and beans Yoghurts and fruit juice	Courgette and mascarpone soup (v)	Chicken casserole, dumplings, green beans and carrots Cheese and red pepper frittata Jam and coconut sponge and custard	Meatballs in tomato sauce, spaghetti and garlic bread Jam and cream scones	Toast and drinks
<b>Friday</b>	Cereals Full English Scrambled eggs and beans Yoghurts and fruit juice		Fish, chips, mushy peas and beans Cheese and onion pasties		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free