

Week commencing: Monday 13<sup>th</sup> November 2023 ~ 13/11/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Pasta bolognaise with garlic and rosemary focaccia bread with sweetcorn and carrots  Vegetable spring rolls and curry sauce  Rhubarb crumble and cream	Lamb tikka with rice and naan bread  Raspberry jam tart	Toast and drinks
Tuesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	Vegetable (V)	Baked salmon with lemon and dill with baby potatoes, broccoli and carrots  Puttanesca baked gnocchi  Rice pudding	Steak and mushroom pie, mash potato and carrots  Ice cream and wafers	Toast and drinks
Wednesday	Potato waffles Scrambled eggs and beans Fruit juice Yoghurts		Pot roasted brisket with Yorkshire pudding, roast potatoes, cauliflower cheese and savoy cabbage  Spinach & paneer curry  Treacle sponge and custard	Chicken madras with rice and poppadoms  Mini donuts and chocolate sauce	Toast and drinks
Thursday	Fruit smoothie Scrambled eggs and beans Fruit juice Yoghurts	Leek & potato with garlic and truffle oil	Chicken stew with mashed potato, italian peas and onion rings  Bang bang cauliflower  Berry and chocolate croissant	Braised sausage in mushroom and cream gravy with boiled potatoes and green beans  Iced coffee cake (f)	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce  Chicken and chorizo risotto  Mars bar krispie cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free