



Week commencing: Monday 15th January 2024 ~ 15/01/2024

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Bacon chop with pineapple (GF) (DF) Stir fry vegetables, baby potatoes, peas and sweetcorn (V) (GF) (DF) Chocolate sponge and chocolate custard	Hotdog in a bun with onion, mustard and wedges Eclairs	Toast and drinks
Tuesday	Lorne sausage Scrambled eggs and beans Fruit juice Yoghurts	Parsnip (GF)(V)	Chicken parmesan with garlic roasted potatoes, creamed cabbage and carrots Baked cod in tomato sauce (GF) (DF) Key lime Pie	Fish fingers, beans and potato crunchies Blueberry muffins	Toast and drinks
Wednesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone (GF) (V)	Roast chicken with roasted potatoes, cauliflower cheese and green beans Parmigiani (V) (GF) Eve's pudding and custard	Pasta carbonara with garlic bread Lemon Meringue	Toast and drinks
Thursday	Fruit smoothie Scrambled eggs and beans Fruit juice Yoghurts	Lentil (GF) (V)	Lamb hot pot with broccoli and baton carrots Mediterranean vegetables in flatbread (V) (DF) Flapjack	Beef chilli and rice with nachos Chocolate rice pudding	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Southern fried chicken Raspberry and white chocolate brownie		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free