





Week commencing: Monday 17<sup>th</sup> April 2023 ~ 17/04/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Selection of salad and fillings for baked potatoes and sandwiches  Mars bar krispies		Toast and drinks
Tuesday		Leek and potato (v)	Beef lasagne with roast new potatoes, sweetcorn and tender stem broccoli  Kashmiri mushroom curry and naan  Chocolate muesli crispy	Fill your own chicken fajitas  Apple pie and custard	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Carrot and lentil (v)	Roast pork with apple sauce, roast potatoes, cauliflower cheese and cabbage  Spicy black bean tacos with sour cream and guacamole  Raspberry and apple crumble cake and cream	Steak, chips, onion rings and mushrooms  Bakewell tart	Toast and drinks
Thursday	American pancakes with maple syrup Scrambled eggs and beans Fruit juice Yoghurts	Chinese chicken and sweetcorn	Beef bourguignon with mashed potato, carrot and swede and garden peas  Quorn sausage toad in the hole  Key lime pie	Chinese chicken curry and rice  Cookies and ice cream	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce  Cheese and onion lattice  Iced coffee cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free