



Week Commencing: 17.09.2018 17th September 2018

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Lentil Soup (v)	Pork Steaks with ratatouille, mash and green beans Mushroom stroganoff (v) Mandarin sponge and custard	Sausages, garlic bread Macaroni cheese (v) Banana, choc chip bread	Toast and drinks
Tuesday	Cheese on toast Scrambled eggs and beans Yoghurt and fruit juice	Minted pea soup (v)	Shepherd's pie, sautéed leeks and carrots South African bean curry (v) Millionaire shortbread	Jerk chicken in ciabatta, potato wedges, help yourself peppers, cucumber and tomato Ginger sponge and custard	Toast and drinks
Wednesday	Cereals Eggy bread Scrambled eggs and beans Yoghurt and fruit juice	Broccoli and stilton soup (v)	Roast gammon, cauliflower cheese, cabbage and potatoes Tomato and cheese pasta (v) Trifle	Sticky BBQ pork ribs Veg kebabs and sweet potato fries Giant jammy dodger biscuits	Toast and drinks
Thursday	Cereals Potato Waffles Fried eggs and beans Yoghurts and fruit juice	Tomato soup (v)	Pulled beef ragu with pappardelle pasta and roast vegetables Italian veg bake (v) Tart au citron	Chicken sweet and sour, noodles and prawn crackers Carrot cake	Toast and drinks
Friday	Cereals Full English Yoghurts and fruit juice		Fish and chips Scampi Raspberry and white chocolate brownie		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free