



Week commencing: 18th September 2023 ~ 18/09/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Bacon chop with pineapple Stir fry vegetables , baby potatoes, peas and sweetcorn (V) (G) (D) Chocolate sponge and chocolate custard	Hot dog in a bun with onions, mustard, wedges and ketchup Mars bar krispie	Toast and drinks
Tuesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts	Leek and potato (D) (G) (V)	Chicken Kiev, herb roasted baby potatoes, peas and carrots Baked cod in tomato sauce (G) (D) Key lime pie	Ham and mushroom carbonara Sticky toffee pudding and cream	Toast and drinks
Wednesday	Porridge oats and fruit compote Scrambled eggs and beans Fruit juice Yoghurts		Pot roast brisket with roast potatoes, cabbage and cauliflower cheese Mozzarella ratatouille (V) (G) Eve's pudding and custard	Fish fingers, wedges and beans Chocolate and pear sponge and custard	Toast and drinks
Thursday	American pancakes with maple syrup Scrambled eggs and beans Fruit juice Yoghurts	Parsnip (D) (G) (V)	Lamb hot pot with green beans and baton carrots Mediterranean vegetables in folded flatbread (V) Flapjack	Beef chilli con carne and rice with nachos Blueberry muffins	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Scampi Raspberry and white chocolate brownie		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free