



Week Commencing: 18th February 2019 – 18.02.19

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Cream of red pepper (v)	Chicken breast stuffed with cream cheese wrapped in bacon, new potatoes, carrots and green beans Aubergine and chickpea dhansak (v) Jam roly poly and custard	Make your own stand and stuff tortilla boat, shredded lettuce, peppers and sauces Homemade chocolate chip cookies and ice cream	Toast and drinks
Tuesday	Cereals Sausage butties Scrambled eggs and beans Yoghurts Fruit juice	Tomato and bean (v)	BBQ pork steaks, mash, carrots and butterbeans in tomato sauce Veggie lasagne (v) Mars bar krispie	Jackets with selection of fillings Mandarin sponge and custard	Toast and drinks
Wednesday	Cereals Hash browns Scrambled eggs and beans Yoghurts Fruit juice	Sweet potato and red pepper (v)	Roast pork, roast potatoes, carrots, broccoli and apple sauce Sweet potato curry (v) Waffles, fruit compote - Greek yoghurt and honey	Thai green chicken curry, rice and prawn crackers Carrot cake	Toast and drinks
Thursday	Cereals Cheese on toast Scrambled eggs and beans Yoghurts Fruit juice	Courgette and mascarpone (v)	Cottage pie, suede and carrot mash and cabbage Mediterranean vegetable pasta (v) Trifle	Ham carbonara and garlic bread Rice pudding	Toast and drinks
Friday	Cereals Full English Yoghurts Fruit juice		Fish, chips, mushy peas and tartare sauce Homemade breaded chicken goujons Lemon muffins		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free