

Week commencing: Monday 19th January 2026 ~ 19/01/2026

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	Most Arabian horses have one fewer vertebra. Their tail has one less bone in it, too, as does their rib cage. 		Beef Keema curry with basmati rice and naan bread Cheese and onion quiche, peas and carrots Berry sponge and custard	Pork and leek sausages, mashed potatoes and gravy Fruit flapjack	Toast and drinks
Tuesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	Mushroom (GF) (V)	Salmon, prawn and broccoli lasagne with baby potatoes, carrots and sweetcorn Moroccan couscous with roasted vegetables and chickpeas Iced coffee cake	Bolognaise pasta bake with garlic bread Chocolate sponge and custard	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts		Roast pork, apple sauce, roast potatoes, savoy cabbage and cauliflower Sweet potato with charred red onion and feta cheese Rhubarb and ginger crumble and custard	Thai green curry, rice and prawn crackers Blueberry cheesecake	Toast and drinks
Thursday	American pancakes Scrambled eggs and beans Fruit juice Yoghurts	Vegetable (GF) (DF) (V)	Chicken and vegetable pie with mashed potatoes, peas, carrot and swede Penne arrabbiata with focaccia Caramel slice	Scampi, chips and mushy peas Apple shortbreads	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and curry sauce Spinach and paneer curry Tiffin	A horse can learn human words and remember you even if you've been away from each other for a long time, especially if you treated them well. Their memory is comparable to that of elephants. 	

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt

Homemade soup with fresh baked bread served at lunchtimes

(g) gluten free (v) vegetarian (d) dairy free