



Week commencing: Monday 19th June 2023 ~ 19/06/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Bacon chops with cream and mustard sauce, new potatoes, peas and baton carrots Macaroni cheese with parmesan crust Chocolate and pear sponge with custard	Chilli con carne with rice and nachos Cookies and ice cream	Toast and drinks
Tuesday	Crumpets with cheese Scrambled eggs and beans Fruit juice Yoghurts	Spicy parsnip	Beef lasagne, broccoli, baby corn and herb roast new potatoes Teriyaki salmon and noodles Tiffin	Chicken and ham tangle pie, roast new potatoes and carrots Lemon sponge and cream	Toast and drinks
Wednesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts		Roast pork, roast potatoes, cauliflower cheese, carrots and apple sauce Sri Lanka style sweet potato curry Banoffee pie	Gammon steak, new potatoes and grilled tomato Fruit scone and fresh cream	Toast and drinks
Thursday	Fruit smoothie Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone	Chicken supreme with boiled rice, tender stem broccoli and sweetcorn Quorn sausage and Yorkshire puddings Apple crumble and cream	Fish fingers, wedges and beans Orange sponge	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Cheese pasties Rolo brownie		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free