

Week Commencing: 20th January 2020 – 20/01/2020

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Lentil (v)	Thai red chicken curry, rice and naan Roasted vegetable frittata (v) Muesli krispie	Beef stroganoff, rice and garlic bread Apple and strawberry crumble and cream	Toast and drinks
Tuesday	Mini pastries Scrambled eggs and beans Yoghurts Fruit juice	Vegetable (v)	Sausage casserole, mash, green beans and carrots Veggie sweet and sour and rice (v) Wholemeal apple cake and custard	Homemade pizza, chips and salad Homemade chocolate mousse	Toast and drinks
Wednesday	Waffles Scrambled eggs and beans Yoghurts Fruit juice	Cream of tomato (v)	Roast turkey , roast potatoes, carrots, parsnips, stuffing and cranberry sauce Salmon fillets (v) Apple and blackberry pie and cream	Chinese pork steaks, new potatoes, sugar peas Ice cream and fruit	Toast and drinks
Thursday	Fluffy American pancakes Scrambled eggs and beans Yoghurts Fruit juice	Mushroom (v)	Shortcrust steak pie, new potatoes, broccoli and roast vegetables Spinach and ricotta lasagne (v) Orange drizzle cake	Chicken fillet burgers in brioche buns, wedges and salad Ginger sponge and custard	Toast and drinks
Friday	Full English Yoghurts Fruit juice		Fish, chips, peas, beans and tartare sauce Cheese and onion pasties (v) Mars bar krispie		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free