



Week commencing: Monday 22nd January 2024 ~ 22/01/2024

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Beef keema curry with basmati rice and poppadoms  Cheese and onion pasties with baked beans  Berry Sponge and cream	Sausage, mash, peas and gravy (g)  Flapjack	Toast and drinks
Tuesday	Poached eggs Scrambled eggs and beans Fruit juice Yoghurts	Tomato (GF) (V) (D)	Chicken gyros in flatbread  Thai cod and prawn fishcakes, green beans, baton carrots and Mediterranean potatoes  Iced coffee cake	Bolognaise pasta bake and garlic bread  Vienetta	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Mushroom (GF) (V) (D)	Pot roasted brisket with roast potatoes, cauliflower cheese and savoy cabbage  Sweet potato with charred red onion and feta  Rhubarb and ginger crumble	Thai green chicken curry and prawn crackers  Blueberry cheesecake	Toast and drinks
Thursday	American pancakes with maple syrup Scrambled eggs and beans Fruit juice Yoghurts	Vegetable (GF) (V) (D)	Corned beef hash with sweetcorn and grilled tomatoes  Penne arrabbiata with focaccia  Caramel Slice	Chicken and leek pie with mash and peas  Shortbread rounds and ice cream	Toast and drinks
Friday	Full English Scrambled eggs and beans Fruit juice Yoghurts		Fish, chips, peas, beans and curry sauce  Spinach and paneer curry  Tiffin		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free