



Week commencing: Monday 22nd May 2023 ~ 22/05/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Mushroom (v)	Chilli con carne with rice and nachos Sweet potato topped bean hotpot with green beans and sweetcorn Chocolate and raspberry sponge and chocolate custard	Fish fingers, potato wedges and beans Flapjack	Toast and drinks
Tuesday	Croissants Scrambled eggs and beans Fruit juice Yoghurts	Minted pea (v)	Teriyaki salmon with broccoli and mushroom stir fry and noodles Asparagus and parmesan risotto Bakewell tart and cream	Steak with chips, onion rings and peas Fruit and ice cream	Toast and drinks
Wednesday	Fruit smoothies Scrambled eggs and beans Fruit juice Yoghurts	Lentil (v)	Honey roast gammon with roast potatoes, carrots and asparagus Vegetable moussaka and garlic bread Iced coffee cake	Chinese prawn and chicken curry with rice and spring rolls Eve's pudding and custard	Toast and drinks
Thursday	American pancakes with maple syrup Scrambled eggs and beans Fruit juice Yoghurts	Leek and potato (v)	Breaded chicken breast with Milanese sauce, baby potatoes, broccoli and carrots Mushroom curry and rice Eton mess	Sausage plait, mashed potato and beans Mandarin cheese cake	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Southern fried chicken steak Tiffin		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free