



Week commencing: Monday 23<sup>rd</sup> January 2023 ~ 23/01/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Cauliflower (v)	Minced beef with Yorkshire Pudding, new potatoes, savoy cabbage and carrots  Vegetable stir fry (v)  Lemon sponge and custard	Cheese and potato pasty with beans  White chocolate cookies	Toast and drinks
Tuesday	Pancakes and maple syrup Scrambled eggs and beans Fruit juice and yoghurt	Leek, bacon and potato (v)	Marinated pork steak with mushroom sauce, mashed potato and green beans  Asparagus and parmesan risotto (v)  Pineapple upside cake and cream	Chicken burger and wedges  Chocolate fudge cake	Toast and drinks
Wednesday	Sausages Scrambled eggs and beans Fruit juice and yoghurt	Carrot and lentil with feta (v)	Oven roast chicken with roast potatoes, cauliflower cheese and peas  Sweet potato curry (v)  Rhubarb and ginger crumble	Sausage hot pot, mashed potato and peas  Caramel shortbread	Toast and drinks
Thursday	Potato waffles Scrambled eggs and beans Fruit juice and yoghurt	Chicken noodle	Pot roast brisket in brioche with red cabbage, sweetcorn and garlic new potatoes  Stuffed baked peppers  Devonshire splits	Pasta bolognese and garlic bread  Strawberry mousse	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce  Mushroom stroganoff  Butter iced sponge cake		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
Homemade soup with fresh baked bread served at lunchtimes  
(g) gluten free (v) vegetarian (d) dairy free