



Week Commencing 24th February 2020 – 24/02/2020

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Tomato and basil (v)	Spaghetti bolognese, garlic bread, green beans and sweetcorn Vegetable risotto (v) Lemon sponge and custard	Fish finger ciabatta sandwiches, beans and wedges Raspberry buns	Toast and drinks
Tuesday	Croissants Scrambled eggs and beans Yoghurts Fruit juice	Carrot and ginger (v)	Chicken in white wine sauce, rice, asparagus and carrots Linda McCartney sausages, new potatoes, (v) Jam and cream scones	Homemade pizzas, beans, coleslaw and salad Chocolate krispie cakes	Toast and drinks
Wednesday	Cheese on toast Scrambled eggs and beans Yoghurts Fruit juice	Curried parsnip (v)	Roast pork, carrots, cauliflower, roast potatoes, apple sauce and stuffing Aubergine and chickpea dhansak (v) Cherry crumble and custard	Lemon and herb piri piri chicken, new potatoes, corn on the cob and peas Muesli crunch	Toast and drinks
Thursday	Potato waffles Scrambled eggs and beans Yoghurts Fruit juice	Minestrone (v)	Chilli con carne, rice and nachos Cheese and red pepper frittata (v) Pineapple upside down cake and cream	Tuna pasta bake and garlic bread Treacle sponge and custard	Toast and drinks
Friday	Full English Yoghurts Fruit juice		Fish, chips, peas, beans and tartare sauce Cheese scones Scampi Shortbread		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free