



Week Commencing: 24<sup>th</sup> June 2019 – 24/06/2019

| <i>Day</i>       | <i>Breakfast</i>  | <i>Quiche</i>                | <i>Midday Meal</i>   | <i>Tea</i>  | <i>Supper</i>    |
|------------------|---|------------------------------|--|---|------------------|
| <b>Monday</b>    |          | Feta tomato and onion quiche | Chicken tikka masala, rice, poppadums, green beans and baby corn<br><br>Macaroni cheese (v)<br><br>Ginger sponge and custard | Pork chow mein and prawn crackers<br><br>Chocolate krispie tray bake                  | Toast and drinks |
| <b>Tuesday</b>   | Cereals<br>Chocolate brioche rolls<br>Scrambled eggs and beans<br>Yoghurts<br>Fruit juice | Quiche Lorraine              | Steak pie, mash, peas and carrots<br><br>Veggie fingers (v)<br><br>Raspberry and apple crumble squares and custard           | Chicken enchiladas<br><br>Arctic roll and fruit                                       | Toast and drinks |
| <b>Wednesday</b> | Cereals<br>Potato waffles<br>Scrambled eggs and beans<br>Yoghurts<br>Fruit juice          | Pepper quiche                | Roast lamb, roasties, carrots, cabbage and mint sauce<br><br>Lentil curry (v)<br><br>Fresh fruit salad and cream             | Salmon fingers, peas, sweetcorn wedges<br><br>Lemon tart                              | Toast and drinks |
| <b>Thursday</b>  | Cereals<br>Croissants<br>Scrambled eggs beans<br>Yoghurts<br>Fruit juice                  | Cheese and onion quiche      | Leek and ham pasta bake, roasted vegetables and new potatoes<br><br>Fish cakes<br><br>Chocolate orange shortcake             | Hot beef baguettes and salad<br><br>Berry sponge and fromage frais                    | Toast and drinks |
| <b>Friday</b>    | Cereals<br>Full English<br>Yoghurts<br>Fruit Juice  | Roast vegetable quiche       | Fish, chips, peas, beans and tartare sauce<br><br>Cheese pasties<br><br>Peppermint slice                                     |  | Toast and drinks |

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free