




Week commencing: Monday 25<sup>th</sup> April 2022 ~ 25/04/2022

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Training Day Make your own sandwiches, selection of fillings, salad bar, quiche, pork pies, scotch eggs, crisps and jackets  Scones butter jam and cream		Toast and drinks
Tuesday		Butternut squash and red pepper (v)	Lamb bhuna, rice, poppadoms, naan, spring rolls, samosas, onion bhajis, salad bar, jackets  Veggie curry (v)  Mars bar krispie		Toast and drinks
Wednesday	Fruit teacakes Scrambled eggs and beans Fruit juice Yoghurts		Roast gammon, roast potatoes, carrots, cauliflower with cheese sauce  Mediterranean veggie crumble (v)  Lemon meringue pie and cream	Homemade pizzas, salad and beans  Fruit ice cream	Toast and drinks
Thursday	Fried egg butties Scrambled eggs and beans Fruit juice Yoghurts	Minted pea (v)	Chicken in white wine sauce, rice, roasted vegetables and tender stem broccoli  Gnocchi with mushrooms and blue cheese (v)  Lemon drizzle cake	Sausage, beans and wedges  Chocolate trifle	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce  French bread pizzas (v)  Apricot cranberry flapjack		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
 Homemade soup with fresh baked bread served at lunchtimes  
 (g) gluten free (v) vegetarian (d) dairy free