



Week Commencing: 25<sup>th</sup> March 2019 – 25/03/2019

| <i>Day</i>       | <i>Breakfast</i>   | <i>Soup</i>             | <i>Midday Meal</i>   | <i>Tea</i>  | <i>Supper</i>    |
|------------------|--|-------------------------|--|---|------------------|
| <b>Monday</b>    |                         | Cream of red pepper (v) | Hunters chicken, roast new potatoes, broccoli and carrots<br>Veggie risotto (v)<br>Chocolate beetroot brownie                  | Hot beef baguettes, horseradish sauce and new potatoes<br>Bakewell tart and cream     | Toast and drinks |
| <b>Tuesday</b>   | Cereals<br>Crumpets and teacakes<br>Scrambled eggs and beans<br>Yoghurts<br>Fruit juice                  | Carrot and ginger (v)   | Beef lasagne, peas, carrots and garlic bread<br>Salmon fillets<br>Fruit crumble and custard                                    | Selection of homemade pizzas and salad<br>Raspberry meringues and whipped cream       | Toast and drinks |
| <b>Wednesday</b> | Cereal<br>Potato waffles<br>Scrambled eggs and beans<br>Plum tomatoes<br>Yoghurts<br>Fruit juice         | Leek and thyme (v)      | Roast pork, roast potatoes, stuffing, apple sauce, kale and carrots<br>Stuffed mushrooms (v)<br>Cranberry and apricot flapjack | Chicken and bacon carbonara with garlic bread<br>Jam sponge and custard               | Toast and drinks |
| <b>Thursday</b>  | Cereals<br>Bacon and egg muffins<br>Scrambled eggs and beans<br>Plum tomatoes<br>Yoghurts<br>Fruit juice | Tomato and bean (v)     | Cottage pie with sweet potato topping and roasted vegetables<br>Cheese tomato pasta bake (v)<br>Cherry pie and cream           | Sausage, mash and beans<br>Paris sandwich donuts                                      | Toast and drinks |
| <b>Friday</b>    | Cereals<br>Full English<br>Scrambled eggs and beans<br>Yoghurts<br>Fruit juice                           |                         | Fish, chips, peas and tartare sauce<br>Chicken drumstick<br>Chocolate orange crunch  |  | Toast and drinks |

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free