



Week Commencing: 25th June 2018 – 25.06.2018

Day	Breakfast	Quiche	Midday Meal	Tea	Supper
Monday		Quiche	Chicken in white wine sauce, new potatoes, asparagus and sweet potatoes Salmon fillets Chocolate and pineapple cake	Pork rib and pork steaks in sticky BBQ sauce, coleslaw and grilled vegetables Apple turnovers	Toast and drinks
Tuesday	Cereals Sausages, plum tomatoes Scrambled eggs and beans Yoghurts and fruit juices	Quiche	Gammon steaks, wedges, pineapple, cauliflower cheese and carrots Mozzarella and sundried tomato puff pastry (v) Carrot and ginger cake with cream cheese icing	Beef chilli, rice, nachos, guacamole, salsa and soured cream Ice buns	Toast and drinks
Wednesday	Cereal Pancakes Scrambled eggs and beans Yoghurts and fruit juice	Quiche	Roast chicken, roast potatoes, homemade stuffing, carrots and broccoli Cheese and tomato pasta (v) Apple shortcakes	Jacket potatoes, tuna, coleslaw, coronation chicken and beans Mint slice	Toast and drinks
Thursday	Cereals Hash browns, plum tomatoes Scrambled eggs and beans Yoghurts and fruit juice	Quiche	Lamb Balti, rice, poppadoms and chutney Spinach ricotta cannelloni (v) Rocky road	Steak pie, mash, pies and carrots Mixed summer fruit crumble and cream	Toast and drinks
Friday	Cereals Full English Yoghurts and fruit juice		Fish, chips, mushy peas and beans Chicken burgers Key lime pie		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free