



Week commencing: Monday 27/02/2023 ~ 27/02/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Celery (v)	Chicken korma with rice Lentil curry with peas and baton carrots (v) Ginger sponge and custard	Jacket potatoes with a choice of hot or cold fillings Chocolate sponge and cream	Toast and drinks
Tuesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Cream of tomato (v)	Pork steaks Spanish style, potato wedges, cabbage and butter beans Salmon Rice pudding	Steak with chips, onion rings and peas Lemon and blueberry poke cake	Toast and drinks
Wednesday	Overnight oats with berries Scrambled eggs and beans Fruit juice Yoghurts	Egg drop (v)	Roast lamb with mint sauce, roast potatoes, cauliflower cheese, and carrots Broccoli, leek and parmesan tart (v) Tiffin	Chinese chicken curry with rice and prawn crackers Mandarin cheesecake	Toast and drinks
Thursday	Bacon sandwiches Scrambled eggs and beans Fruit juice Yoghurts	Asparagus (v)	Cottage pie with carrots and green beans Nut free curried satay noodles and spring rolls (v) Raspberry trifle	Sausage plait, mashed potato and beans Eve's pudding and custard	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Chicken drumsticks in sticky BBQ sauce Blueberry muffins		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free