

Week commencing: Monday 27th March 2023 ~ 27/03/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday		Mushroom (v)	Chilli con carne, rice and nachos Bean hot pot with parmesan herb crust, green beans and sweetcorn Chocolate sponge and custard	Fish fingers, homemade wedges and beans Flapjack	Toast and drinks
Tuesday	Cinnamon bagel with cream cheese, apple and honey Scrambled eggs and beans Fruit juice Yoghurts	Courgette and mascarpone (v)	Salmon steak with Teriyaki sauce, Pak choi and baby sweetcorn and herb diced potatoes Puttanesca baked gnocchi (v) Tiffin	Sausage and mashed potato, peas and gravy Cookies and ice cream	Toast and drinks
Wednesday	Fruit smoothies Scrambled eggs and beans Fruit juice Yoghurts	French onion (v)	Roast gammon with roast potatoes, cauliflower cheese, carrot and swede mash Leek and mushroom risotto (v) Raspberry trifle	Griddled butterfly chicken breast with roast new potatoes and sweetcorn Fruit scones with jam and cream	Toast and drinks
Thursday	Danish pastries mix Scrambled eggs and beans Fruit juice Yoghurts	Lentil (v)	Chicken, leek and ham pie with mashed potato, cabbage and cauliflower Vegetable stir fry (v) Ginger sponge with caramel sauce	Bacon chop with roast new potatoes and carrots Cranberry muffins	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and tartare sauce Scampi Rocky road		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free