



Week Commencing: 28.01.2019 28th January 2019

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Cream of tomato (v)	Hunters chicken and roast potatoes, broccoli and carrots Mushroom stroganoff (v) Eccles cakes	Hot pork baguettes, homemade apple sauce, stuffing and new potatoes Chocolate beetroot brownie	Toast and drinks
Tuesday	Cereals Bacon sandwich Scrambled eggs and beans Yoghurts and fruit juice	Broccoli and stilton (v)	Sausage and mash with gravy, carrots and peas Spinach, sweet potato and lentil dhal and rice (v) Sticky toffee pudding and toffee sauce	Beef curry, rice and naan bread Coconut cakes and custard	Toast and drinks
Wednesday	Cereals Cheese croissants Scrambled eggs and beans Yoghurt and fruit juice	Courgette and mascarpone (v)	Roast lamb, mint sauce, roasties, carrots and swede mash and green beans Salmon fillets Lemon tart and cream	Omelettes, roast potatoes, sweetcorn and peas Bakewell tart and cream	Toast and drinks
Thursday	Cereals Cheese on toast Scrambled eggs and beans Yoghurts and fruit juice	Leek and potato soup (v)	Pasta Bolognese, garlic bread, sweetcorn and peas Quorn veg casserole (v) Cherry crumble and custard	Piri Piri chicken, salad and cous cous Chocolate krispies	Toast and drinks
Friday	Cereals Full English Scrambled eggs and beans Yoghurts and fruit juice		Fish Chips, mushy peas and tartare sauce Scampi Chocolate Muesli Crunch		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free