

Week commencing: 30<sup>th</sup> November 2020 – 30-11-2020

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
<b>Monday</b>		Minted pea (v)	Beef chilli, rice, nacho's, sweetcorn, sugar snap peas Mushroom risotto (v) Mix berry sponge and custard	Chicken carbonara, tagliatelle, garlic bread Australian crunch	Toast and drinks
<b>Tuesday</b>	Pain au chocolate Scrambled eggs and beans Yoghurts Fruit juice	Vegetable (v)	Toad in the hole, mashed potato, peas, cauliflower and gravy Linda McCartney sausages (v) Rice pudding and fruit compote	Salmon fillets, roast new potatoes, peas and carrots Apple turnovers	Toast and drinks
<b>Wednesday</b>	Pancakes Scrambled eggs and beans Yoghurts Fruit juice	Spicy parsnip (v)	Roast pork, roast potatoes, apple sauce, stuffing, carrots and tender stem broccoli Lentil curry (v) Eve's pudding and custard	Marinade piri piri chicken, cous cous and salad Sweet waffles, fruit compote and cream	Toast and drinks
<b>Thursday</b>	Egg butties Scrambled eggs and beans Yoghurts Fruit juice	Carrot and coriander (v)	Steak pie, new potatoes, cabbage and carrots Macaroni cheese (v) Carrot cake	Jacket potatoes with an assortment of fillings Chocolate mint slice	Toast and drinks
<b>Friday</b>	Full English Yoghurts Fruit juice		Fish, chips, peas, beans and tartare sauce Scampi Creamy vegan curry Mars bar krispie		

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free