



Week commencing: Monday 6th November 2023 ~ 06/11/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			Pork chop lyonnaise with potato crunchies, peas and cauliflower Macaroni and cheese (v) Chocolate sponge and pink custard	Fish fingers, wedges and beans Iced coffee cake	Toast and drinks
Tuesday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Tomato (V) (D)	Roasted cod with cherry tomatoes, basil and mozzarella with rice, baton carrots and broccoli Veggie sausages (V) Bakewell tart and double cream	Jerk chicken with rice, peas and grilled pineapple Cookies and ice cream	Toast and drinks
Wednesday	American style pancakes Scrambled eggs and beans Fruit juice Yoghurts		Roast lamb with mint sauce, roast potatoes, cauliflower cheese and savoy cabbage Mozzarella ratatouille (V) (GF) Flapjack	Burritos with sour cream Fruit scone	Toast and drinks
Thursday	Toasted teacakes Scrambled eggs and beans Fruit juice Yoghurts	Veggie coconut curry (V)	Corned beef and potato pie with beans, sweetcorn and baby potatoes Parmesan and garlic roasted broccoli (V) Blueberry muffins	Steak chips, onion rings and grilled tomatoes Daim cake (GF)	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans, tartare sauce and curry sauce Chicken enchiladas Rocky road		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free