



Week Commencing: 9<sup>th</sup> July 2018 09/07/2018

<b>Day</b>	<b>Breakfast</b>	<b>Quiche</b>	<b>Midday Meal</b>	<b>Tea</b>	<b>Supper</b>
<b>Monday</b>		Quiche	Southern fried chicken burgers, wedges, peas and sweetcorn Cheese and tomato pasta Eton Mess	Taco seasoned beef mince with cheese nachos and rice Meringues with fresh fruit and cream	Toast and drinks
<b>Tuesday</b>	Cereals Cheese on toast Scrambled eggs and beans Yoghurts and fruit juice	Quiche	Beef meatballs in tomato sauce, penne pasta and garlic bread Salmon fillets, new potatoes, baby corn and carrots Chocolate fudge cake	Jacket potatoes with various fillings Apple crumble and custard	Toast and drinks
<b>Wednesday</b>	Cereals Hash browns Scrambled eggs and beans Yoghurts and fruit juice	Quiche	Roast gammon, roast potatoes, carrots, peas and leeks Lentil Curry and rice Caramel shortcake	Chicken enchiladas, new potatoes and salad Shortbread	Toast and drinks
<b>Thursday</b>	Cereals Bacon croissants Scrambled eggs and beans Yoghurts and fruit juice	Quiche	Chicken curry, rice, naan bread and chutney Cheese Pasties Cookies & ice cream	Sausage, chips and beans Butterfly cakes	Toast and drinks
<b>Friday</b>	Cereals Full English Yoghurts and fruit juice		Fish, chips, mushy peas and beans Pizza Mars Bar Krispies		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free