


Week Commencing: 6<sup>th</sup> January 2020 – 06/01/2020

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
<b>Monday</b>	Deli France Pastries	Minted pea (v)	<u>Training Day</u> Chicken masala, rice, naan and poppadums Mushroom and bean hotpot (v) Treacle sponge and custard		Toast and drinks
<b>Tuesday</b>	Breakfast club	Mushroom (v)	Chinese pork steaks, new potatoes, roasted vegetables and green beans  Mozzarella and broccoli pasta bake (v)  Cherry crumble and cream	Lemon piri piri chicken, wedges and salad  Chocolate sponge and chocolate sauce	Toast and drinks
<b>Wednesday</b>	Crumpets Scrambled eggs and beans Yoghurts Fruit juice	Courgette and mascarpone (v)	Honey roast gammon, roast potatoes, carrots and cauliflower cheese  Lentil curry (v)  Lime cheesecake	Pulled pork in a baguette with onion and salad	Toast and drinks
<b>Thursday</b>	Pancakes Scrambled eggs and beans Yoghurts Fruit juice	Spicy parsnip soup (v)	Tarragon chicken, mashed potatoes, green beans and carrots  Coconut and squash dhansak (v)  Rice pudding	Sausage, mashed potatoes and beans  Jam sponge and custard	Toast and drinks
<b>Friday</b>	Full English Yoghurts Fruit juice		Fish, chips, beans, peas and tartare sauce French bread pizzas (v) Chocolate butterfly buns		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free