



Week commencing: Monday 16th October 2023 ~ 16/10/2023

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday			<p>Chilli con carne with rice, nachos, salad and sour cream</p> <p>Sweet potato topped bean hotpot with sweetcorn and baton carrots (GF) (V)</p> <p>Chocolate and raspberry sponge with chocolate custard</p>	<p>Chicken goujons with tomato pasta and peas</p> <p>Carrot cake (GF)</p>	<p>Toast and drinks</p>
Tuesday	<p>Potato waffles</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>	<p>Courgette and mascarpone (GF) (V)</p>	<p>Teriyaki salmon with broccoli and mushroom noodles</p> <p>Vegetable moussaka with garlic bread (V)</p> <p>Sticky ginger cake with lemon icing</p>	<p>Pot roasted brisket with baby potatoes and carrots</p> <p>Brandy snap baskets with pineapple</p>	<p>Toast and drinks</p>
Wednesday	<p>Croissants</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>		<p>Cold selection of fillings for sandwiches and jacket potatoes with crisps and salad</p> <p>Millionaire's shortbread</p>	<p>Sausage, mashed potato, peas and gravy</p> <p>Victoria sponge</p>	<p>Toast and drinks</p>
Thursday	<p>Fruit smoothies</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>	<p>Leek and potato (V) (GF)</p>	<p>Breaded chicken breast with Milanese sauce, potatoes, stir fried garlic mangetout, baby sweetcorn</p> <p>Deville mushrooms on sourdough (V)</p> <p>Marmalade flapjack</p>	<p>Fish fingers, beans and waffles</p> <p>Cookies and ice cream</p>	<p>Toast and drinks</p>
Friday	<p>Full English</p> <p>Fruit juice</p> <p>Yoghurts</p>		<p>Fish, chips, peas, beans, tartare sauce and curry sauce</p> <p>Calzone pizza (V)</p> <p>Chocolate muesli crispy</p>		

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt
Homemade soup with fresh baked bread served at lunchtimes
(g) gluten free (v) vegetarian (d) dairy free