



Week Commencing

<i>Day</i>	<i>Breakfast</i>	<i>Soup</i>	<i>Midday Meal</i>	<i>Tea</i>	<i>Supper</i>
Monday		Spicy Parsnip	Shepherd's pie, peas, carrots, mash potatoes Salmon & broccoli pie (V) Mandarin upside down cake & custard	Make your own chicken fajitas, guacamole and sour cream Salad and scones	Toast and drinks
Tuesday	Chocolate crepes Porridge Scrambled eggs & beans Yoghurts Fruit Juice	Leek and potato	Beef curry and rice, naan & poppadum's Onion Bhaji, green beans, sweetcorn Mixed bean sweet and sour (V) Apple shortcakes	Homemade pizzas, wedges and beans Treacle sponge & custard	Toast and drinks
Wednesday	Crumpets Porridge Scrambled eggs and beans Yoghurts Fruit Juice	Red pepper and butternut squash	Roast lamb, carrots, red cabbage, roast potatoes, mint sauce Veggie frittata (V) Mars bar Krispie	Fish cakes, new potatoes, peas and sweetcorn White chocolate muffins	Toast and drinks
Thursday	Waffles & fruit compote Yoghurt Scrambled eggs & beans Fruit Juice	Minted pea	Gammon steaks, pineapple, new roast potatoes, cabbage and carrots Gnocchi with mushrooms and blue cheese (V) Key lime pie	Steak Pie mushy peas & chips Jam sponge and custard	Toast and drinks
Friday	Full English Yoghurts Fruit Juice		Fish and chips, tartare sauce Southern fried chicken Butterfly buns		Toast and drinks

Meals will be served with Seasonal Vegetables, Salad Bar, Fresh Fruit & Yogurt.

Home-made soup with fresh baked bread served at lunchtime.

(g) gluten free (v) vegetarian (d) dairy free