

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday 19.10.2026	 <p>Which vitamin, important for vision, is especially abundant in pumpkins?</p> <p>Vitamin A</p>		<p>Gammon Steak with griddled pineapple, new potatoes, peas and roasted vegetables</p> <p>-</p> <p>Maccaroni and piccalilli cheese</p> <p>-</p> <p>Rice pudding and jam</p>	<p>Scampi, chips and peas</p> <p>-</p> <p>Fresh Fruit Salad</p>	<p>Toast and drinks</p>
Tuesday 20.10.2026	<p>Boarders' Breakfast</p> <p>Pain Au Chocolate</p> <p>-</p> <p>Scrambled egg & beans</p> <p>-</p> <p>Yogurt</p> <p>-</p> <p>Fruit Juice</p>	<p>Courgette 7 Mascarpone</p>	<p>Beef bourguignon, mashed potato, peas and carrots</p> <p>Thai cod and prawn fishcakes</p> <p>-</p> <p>Iced Coffee cake</p>	<p>Braised sausage, mashed potato and green beans</p> <p>-</p> <p>Brandy snap with tinned mandarins and cream</p>	<p>Toast and drinks</p>
Wednesday 21.10.2026	<p>Boarders' Breakfast</p> <p>Fruit Smoothie</p> <p>-</p> <p>Yogurt</p> <p>-</p> <p>Fruit Juice</p>		<p>Roast Pork, stuffing, roast potatoes, creamed leeks and carrots</p> <p>-</p> <p>Baked aubergine with courgette and mozzarella</p> <p>-</p> <p>Mandarin Orange Cheesecake</p>	<p>Spaghetti carbonara with garlic focaccia</p> <p>-</p> <p>Mars Bar Krisp</p>	<p>Toast and drinks</p>
Thursday 22.10.2026	<p>Boarders' Breakfast</p> <p>Bacon & Cheese wrap</p> <p>-</p> <p>Yogurt</p> <p>-</p> <p>Fruit Juice</p>		<p>Chicken Stew and Yorkshire Pudding with cauliflower and green beans, and baby potatoes</p> <p>-</p> <p>Chilli Cheese bites</p> <p>-</p> <p>Jam and coconut sponge and custard</p>	<p>Chilli Burger with homemade wedges and salad</p> <p>-</p> <p>Chocolate Roll and Custard</p>	<p>Toast and drinks</p>
Friday 23.10.2026	<p>Boarders' Breakfast</p> <p>Full English cooked breakfast</p> <p>-</p> <p>Yogurt</p> <p>-</p> <p>Fruit Juice</p>		<p>Fish, chips, peas, beans and curry sauce</p> <p>-</p> <p>Cheese and onion pasties</p> <p>-</p> <p>Rolo Brownie</p>		<p>What do you call the hard stem at the top of a pumpkin?</p> <p>Peduncle</p>