

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday 05.10.2026	 Why do leaves change color in the autumn? Reduced sunlight causes chlorophyll production to slow down, allowing other pigments (like carotenoids and anthocyanins) to show through.		Chilli Con Carne with rice and nacho with carrots and peas - Charred onions with balsamic and ricotta - Mocha Trifle	Fish Finger and rocket ciabatta and Fries - Cherry & Apple Crumble and Cream	Toast and drinks
Tuesday 06.10.2026	Boarders' Breakfast Cheese Croissants - Scrambled egg & beans - Yogurt - Fruit Juice	Leek & Potato (v)(gf)	Chicken Korma with rice, poppadom's with sweetcorn and mangetout - Mediterranean vegetable and haloumi traybake - Ginger sponge and custard	Shepherds Pie with red cabbage and gravy - Rice Pudding and Jam	Toast and drinks
Wednesday 07.10.2026	Boarders' Breakfast Sweet waffles - Yogurt - Fruit Juice		Roast beef and Yorkshire pudding, roast potatoes, carrots and cabbage - Broccoli, Leek and parmesan tart - Flapjack	Hot Dog and onions in Brioche bread with rosti potatoes and stir fry vegetables - Fruit scone and cream	Toast and drinks
Thursday 08.10.2026	Boarders' Breakfast Bacon Buttie - Yogurt - Fruit Juice		Creamy Cajun chicken and vegetable rice, sweetcorn and tender stem broccoli - Crayfish and Chorizo Risotto - Blueberry Cheesecake	Ham and cheese panini with home-made wedges and salad - Mars Bar Krispie	Toast and drinks
Friday 09.10.2026	Boarders' Breakfast Full English cooked breakfast - Yogurt - Fruit Juice		Fish, chips, peas, beans and curry sauce - Bang Bang Cauliflower - Buttercream Sponge Cake		Columbus Reaches the Americas (1492): Christopher Columbus made his first land contact in the Bahamas on 12 October 1492.