

Week commencing: Monday 6th July 2026 ~ 06/07/2026

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	 The call of a raven is an expression of triumph and power. It is used to show dominance, superiority, or victory over another animal. The sound echoes throughout the forest to signal that it has won a battle against another animal and is in charge.		Chilli con carne with rice, salsa and nachos Thai cod and prawn fish cakes with peas and sweetcorn Chocolate sponge and chocolate custard	Bacon chop with pineapple and salt and pepper wedges Cinnamon and apple cake	Toast and drinks
Tuesday	Boarders' Breakfast Sausages and plum tomatoes Scrambled egg and beans Fruit juice Yoghurts		Welsh lamb faggots, mashed potato, onion gravy, peas and carrots Vegetable spring rolls and curry sauce Banoffee pie	Salmon fillet with hollandaise sauce and new potatoes and peas Choc chip slice	Toast and drinks
Wednesday	Boarders' Breakfast Mango fruit smoothie Scrambled eggs and beans Fruit juice Yoghurts		Roast pork with stuffing, roast potatoes, cauliflower cheese and cabbage Mushroom stroganoff on sourdough Strawberries and cream	Chicken jalfrezi, rice and poppadoms Lemon drizzle cake	Toast and drinks
Thursday	Boarders' Breakfast Toasted teacakes Scrambled eggs and beans Fruit juice Yoghurts		Chicken dahl with butternut squash with green beans and carrots Leek and potato bake Cherry sponge cake and cream	Jacket potato with tuna, coronation chicken, coleslaw and cowboy beans Mint slice	Toast and drinks
Friday	Boarders' Breakfast Full English Scrambled eggs and beans Fruit juice Yoghurts		Fish, chips, peas, beans and curry sauce Southern fried chicken goujons Apricot and cranberry flapjack	The lifespan of a raven is about 30 years in the wild; however, they have been known to live up to 50 years or more. 	

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt

Homemade soup with fresh baked bread served at lunchtimes

(g) gluten free (v) vegetarian (d) dairy free