



Week commencing: Monday 16<sup>th</sup> March 2026 ~ 16/03/2026

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	<p>On the top of their heads iguanas have a third eye, which is a retina-like structure that connects to the pineal gland in the brain. Even though it does not produce images, it's an important element to them</p> 		<p>Beef keema curry with basmati rice and poppadoms</p> <p>Leek and potato bake</p> <p>Berry sponge and custard</p>	<p>Cornish pasty with diced potatoes and beans</p> <p>Paris sandwich</p>	<p>Toast and drinks</p>
Tuesday	<p>Boarders' Breakfast</p> <p>Bacon Buns</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>	<p>Chicken and mushrooms (GF)</p>	<p>Teriyaki salmon and prawns with broccoli and mushroom noodles</p> <p>Mac and cheese with parmesan crust, peas and tender stem broccoli</p> <p>Key lime pie</p>	<p>Chilli lasagne with sauté potatoes and green beans</p> <p>Lemon tarts</p>	<p>Toast and drinks</p>
Wednesday	<p>Boarders' Breakfast</p> <p>Waffles and syrup</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>		<p>Roast gammon, roast potatoes, carrots and creamed leeks</p> <p>Thai cod and prawn fishcakes</p> <p>Fruit flapjack</p>	<p>Chicken jalfrezi, rice and naan bread</p> <p>Mars bar krispie</p>	<p>Toast and drinks</p>
Thursday	<p>Boarders' Breakfast</p> <p>Poached eggs</p> <p>Scrambled eggs and beans</p> <p>Fruit juice</p> <p>Yoghurts</p>	<p>Minestrone (V) (DF)</p>	<p>Pork meatballs in spicy tomato sauce with pasta, carrots and sweetcorn</p> <p>Devilled mushrooms on sourdough</p> <p>Chocolate sponge and chocolate custard</p>	<p>Fish finger or fishcake sandwiches with peas and French fries</p> <p>Chocolate Swiss roll and ice cream</p>	<p>Toast and drinks</p>
Friday	<p>Boarders' Breakfast</p> <p>Full English</p> <p>Fruit juice</p> <p>Yoghurts</p>		<p>Fish, chips, peas, beans and curry sauce</p> <p>Spinach and paneer curry</p> <p>Rocky road</p>	<p>While most iguanas are terrestrial, some are excellent swimmers and can move swiftly in water</p> 	

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt  
 Homemade soup with fresh baked bread served at lunchtimes  
 (g) gluten free (v) vegetarian (d) dairy free